

MSc Health Psychology

Awards



Best Innovation Strategy Award | WINNER
Best Digital Transformation Award | HIGHLY COMMENDED

Outstanding Organization Award | WINNER

Blended & Presence Learning Award | BRONZE WINNER

Our memberships



About our Academic Partner

The University of Chichester is a highly-regarded institution in the UK, with recent rankings demonstrating its strong performance.



- **Gold rating** for teaching excellence – among top UK universities (only 51/227 received Gold)
- **University of the Year** for Teaching Excellence 2026 - Awarded by Daily Mail University Guide
- National Student Survey ranked **6th in the UK** for teaching and 12th overall (out of 131 institutions).
- **Guardian University Guide 2025**: Ranked 26th (up 12 places, top 30 consistently).
- **Subject rankings**:
 - Business & Management – 97th (Guardian 2025)
 - Marketing – 66th (Complete University Guide 2025)



Explore the Science of Health and Wellbeing

The MSc Health Psychology is a research-focused postgraduate programme that provides students with a comprehensive understanding of health psychology theories, methods, and current research. Students will explore a range of advanced research methods and statistical approaches while developing the competencies required to design and conduct an independent research project in health psychology.

The Berlin School of Business and Innovation (BSBI), in partnership with the University of Chichester, proudly offers this prestigious programme. The University of Chichester is a highly regarded institution in the UK, consistently recognised for its academic excellence and student-focused approach.



Key facts

- 🕒 18 months
- 🕒 Full-time
- 📍 University of Chichester
- 👤 On campus
- 📍 Berlin
- 💰 Prices can be found on our website
- 📄

Next intake:
Feb | May | Oct

Top Reasons To Study This Programme



Specialist knowledge

Gain a deep and critical understanding of the psychological processes related to health, illness, and well-being.



Research competency

Develop robust skills in scientific research, from design and data collection to analysis and interpretation.



Career preparation

The course supports diverse career pathways, including roles in health consultancy, healthcare organisations, public health policy, academic research, and applied psychology.



Academic progression

The degree provides a solid foundation for further postgraduate training, including doctoral research (PhD) in health psychology or related fields.



Real-world impact

Be equipped to contribute to behaviour change interventions, health communication strategies, and patient support programmes in multidisciplinary environments.

Who Is This Programme For?

The MSc Health Psychology programme is ideal for:

- Applicants with a background in psychology who have completed undergraduate studies and are ready to pursue advanced academic and applied training.
- Professionals working in healthcare, social work, public health, or behavioural research who aim to integrate psychological perspectives into their practice.
- Individuals passionate about understanding the psychological mechanisms that influence health behaviour, coping, treatment adherence, and health promotion.

This programme is well suited to those interested in evidence-based research, applied psychology, and careers that support physical and mental health at both individual and community levels.

What Will Students Experience?

- Learn from expert faculty with real-world and research experience.
- Complete an independent dissertation with personalised academic supervision.
- Engage in seminars, discussions, and case studies to develop critical thinking.
- Gain insights from Berlin's healthcare system and global health perspectives.
- Enhance professional and personal growth through guest lectures and research events.

- Build intercultural and language skills in an international environment.
- Access private study areas and collaborative spaces for focused and group work.

This programme combines deep expertise in health psychology with transferable skills for careers in healthcare, research, education, and public policy internationally.

Career Progression

You will be prepared for roles in:

- Health research and public health
- Mental health services
- Behavioural change programmes
- Chronic illness support and rehabilitation
- Workplace wellbeing initiatives
- Health education and communication

Employment Sectors

Graduates may find opportunities in:

- Academia and Research Institutes
- Human Resources and Occupational Health
- Government and Public Health Bodies
- NGOs and Health-Focused Nonprofits
- Market and Social Research
- Prison and Police Services
- Policy and Communications

Berlin-Specific Opportunities

Located in one of Europe's leading cities for research, health innovation, and public health policy, students may benefit from:

- Access to Berlin's public and private healthcare systems for volunteering and internships
- Local community health initiatives and partnerships
- Opportunities to engage with international research hubs and think tanks

This programme also provides a robust platform for those wishing to pursue:

- Doctoral-level training or a PhD in Psychology or Health Sciences
- Stage 2 training in Health Psychology (through appropriate accredited routes, if desired)

Although this programme does not offer BPS accreditation, it lays a strong theoretical and practical foundation aligned with Stage 1 competencies.

BSBI's dedicated Careers Service enhances career progression by providing tailored online coaching, CV development, mock interviews, and access to employer networking events. Through these resources, students and alumni forge connections with leading employers across local, national, and international markets.

Programme Structure

This programme provides students with an in-depth understanding of health psychology theories, methods, and research, as typically required for Stage 1 training in Health Psychology.

Term 1

- Health Psychology in the 21st Century
- Advanced Applied Social & Health Psychology

Term 2

- Advanced Research Methods and Approaches 1
- Clinical Psychology, Life Coaching & Technical Applications

Term 3

- Understanding and Managing Long-Term *Chronic Health Conditions
- Advanced Research Methods and Approaches 2
- Stress and Health

Term 4

- Dissertation

- The ability to generate research questions, design, undertake, analyse, and disseminate sound quantitative and qualitative research in health psychology in accordance with ethical codes of practice.

Provide:

- A systematic understanding and critical awareness of evidence related to the epidemiology of health and illness, including acute and long-term conditions, stress, and psychoneuroimmunology.
- A forum to critically evaluate and assess research and research methods in health psychology.
- A strong foundation in health psychology to support professional practice across a range of relevant settings.

Enable:

- Critical evaluation of a variety of theoretical models of health-related behaviour and cognition.
- Critical evaluation of interventions relevant to health psychology, health promotion, and wellbeing contexts.
- Development of knowledge and practice-based skills for working with diverse client groups across the lifespan.

Aims and Outcomes

Upon successful completion of this programme, students should be able to:

Build:

- An understanding of the contemporary economic and political context of healthcare and healthcare work in professional settings.
- A self-directed approach to learning.

Entry Requirements

Minimum age: 21 years old

Academic qualifications:

- An Honours Bachelor's degree or an equivalent international qualification
- International qualifications will be assessed for equivalency using:
 - **UK ENIC** (UK National Information Centre for global qualifications and skills)
 - The University's internal expertise and experience with overseas qualifications
- Consideration will also be given to applicants with at least three years of relevant managerial experience, provided they can demonstrate the ability to study at postgraduate level.

For more information, please refer to the [University of Chichester's Country-Specific Entry Requirement](#)

English Language Requirements

IELTS 6.0 overall (minimum 5.5 in all bands) or equivalent, e.g., TOEFL iBT 80, Pearson Test of English 59, Duolingo English Test 105.



Admissions process

Applying to study with BSBI has never been easier! Here's how it works:

1. Create an account here: start.berlinsbi.com/login
2. Select the programme and intake you would like to apply for.
3. Complete all sections of the online application.
4. Submit your application.
5. Our admissions team will liaise with you with regards to the next steps.

For more information about the visa requirements visit: berlinsbi.com/studying-at-bsbi/for-international-students/visa-and-immigration-information

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For more information about the Italian Higher Education System, please visit: cimea.it/en

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